

# Pacific Grove Blue Theology Packing List

## *What Do I Bring? Pacific Grove, CA*

### **Clothing**

Closed Toe Shoes

Shorts Long Pants

Sun hat

Warm hat

Gloves (optional)

T-Shirts

Sweatshirt (prepare to dress in layers)

Jacket

Shower Shoes/Flip Flops

Swimsuit and Swim Shorts (shorts that you don't mind getting wet)

Bed Articles/Pillow/Sleeping Bag (We provide air mattresses)

### **Food**

Bring a food plan as a group.

There are several grocery stores nearby and a Costco about 15 minutes away. Pacific Grove's Farmers' Market is on Mondays 3:30 – 6:30 PM. Plan on making individual sack lunches each day.

### **Toiletries**

Comb/Brush

Toothpaste and toothbrush

Deodorant

Sunscreen

Soap

Towel and washcloth

Container to carry toiletries to and from the shower

Personal first aid kit/other needs

*If your group decides to sign-up for whale watching* and you are prone to motion-sickness, recommendations include: peppermint candy, non-drowsy dramamine, ginger-chews, and/or "sea-bands."

**We will provide each participant with a water bottle, day pack and notebook.**